

A Typical Day for MS Friends@Home

Included are some notes to present a more detailed explanation of each time block.
Wednesday will continue to run on an alternate schedule, and we will share details soon.

This band is designed to meet the needs of practice in classes where it is essential, but where teachers are stretched thin.

With Spanish, teachers may ask kids to run through a daily Quizlet set, read aloud, etc. - whatever they feel would be a good use of a daily 15 minute practice session.

Each grade will be broken into cohorts of approximately 12 students each.

Classes will meet for 45 minute periods.

Please see other "Class" blocks for more information.

Humanities, math, and science are scheduled to meet with each section three times per week. PE will meet with each section twice per week.

Please see other "Class" blocks for more information.

Community building and health & wellness are at the core of this period. Administrators, a few teachers, teaching assistants, and specialists will be asked to lead.

Students in all grades will have one arts class per trimester throughout the year: visual art, drama, and music as electives are not possible with the mixing of student groups. All arts classes meet twice per week.

Please see other "Class" blocks for more information.

Spanish classes meet twice per week, but are supplemented by mandatory morning practice time in an attempt to reach parity with other core subjects while keeping teaching hours for Spanish teachers equitable.

Each day ends with advisory for connection and support with time management. At each grade level, advisors should share ideas for check-ins, routines, or games as an agenda item in their regular team meeting.

This daily band in the schedule exists to provide opportunity for greater one-on-one connection with students and families. Half of these sessions will be drop-in and half will be appointment based.

Parents should be encouraged to sign-up with their child for one of the appointment slots (not drop-in), especially in the younger grades, if they need greater clarity from a subject teacher about work in that class.

8:15 to 8:45
Morning Exercises

8:45 - 9:00
Morning Meeting

9:00 - 9:45
Class

9:45 - 10:00
Stretch Break

10:00 - 10:45
Class

10:45 - 11:00
Stretch Break

11:00 - 11:45
Community Block

11:45 - 12:45
Lunch

12:45 - 1:00
Get ready for the
afternoon!

1:00 - 1:45
Class

1:45 - 2:00
Stretch Break

2:00 - 2:45
Class

2:45 - 3:15
Advisory

3:15 - 3:50
Tutorial, P.S., and
Office Hours by
appointment

With PE, we know the research on getting moving first thing in the morning. The hope is that there can be a daily challenge that ideally might build community with friendly competition, and that kids can return to this challenge at the "stretch breaks" later in the day. For example, kids might try to do a certain amount of sit-ups in a given time, dance to a certain song, etc.

A short morning meeting with the whole grade level and grade level team strengthens connections. Teams should decide on routines for how to best use morning meeting time, including daily announcements.

Please see "Morning Exercises" for a description about what this time should be used for, in addition to students completing what they need for their break.

Please see above.

A break for everyone.

A reminder in each student schedule to take the time to get ready and settle in.

Please see above.

Advisors should use this time to facilitate sharing among students about what they are learning, their plan for managing homework or long-term projects, social emotional check-ins, and having fun together. Advisory should not be another period for working or content delivery.

An expectation for participation should be established. For example, students may be required to sign-up for one session and attend one drop-in each week, perhaps reporting to their advisor about this for greater accountability.